Alcohol & Drug Testing:
Driver Awareness Training
Driver Handbook

Introduction

This handbook provides a general overview of the Department of Transportation regulations on drug and alcohol use. A review of the effects of alcohol and certain drugs on the body is also included. Throughout this handbook “substance abuse” may be used in place of the terms “alcohol abuse” or “drug abuse” in reference to both substances. Chemical dependency comprises all chemicals, whether they are controlled substances or alcohol.

In addition to this handbook you will receive a copy of your company’s drug and alcohol policy and the name of the person who can answer any questions you may have about the drug and alcohol regulations.

Abbreviations and Terms You Should Know

Abbreviations

ASD  Alcohol Screening Device
BAT  Breath Alcohol Technician
CDL  Commercial Driver’s License
CMV  Commercial Motor Vehicle
DER  Designated Employer Representative
DHHS  Department of Health and Human Services
DOT  Department of Transportation
EBT  Evidential Breath Testing Device
MRO  Medical Review Officer
NHTSA  National Highway Traffic Safety Administration